



Finding health evidence using databases and websites

Choosing a database

From the **Database subjects** list choose *Evidence based health care* or a discipline, eg Occupational Therapy or Physiotherapy

Major databases and websites

CINAHL (primary database - allied health)

- Limit by Research Article or Evidence Based Practice OR Clinical Queries
- Limit by Publication Type eg Clinical Trial or Systematic Review OR
- Limit by Special Interest eg Evidence-Based Practice

MEDLINE, PubMed and EMBASE (primary databases - biomedical)

- Limit by Clinical Queries OR
- Limit by Systematic Reviews (in Subject Subsets) (not available EMBASE) OR
- Limit by Publication type eg Randomised Controlled Trial (not available EMBASE)

Cochrane Library (secondary database)

- All content is evidence based, only Systematic Reviews are fulltext
- Browse Cochrane Reviews by Topic or use Advanced Search to search entire Library
- Browse Other Resources, or look at Product Descriptions for information about the collection of databases which comprise the Cochrane Library
- Try a MeSH search (MeSH= Medical Subject Headings - from Medline)

PEDro (secondary database)

- Physiotherapy content only, free resource, all content is evidence based
- Look at the Tutorial and Questions sections to understand more about the database and the clinical trials, systematic reviews and clinical practice guidelines it selects

OTseeker (secondary database)

- Occupational therapy content only, free resource, all content is evidence based
- Try the tutorial (in *Resources*) – good definitions

Joanna Briggs Institute (secondary database/website)

- Most content is evidence based, covers Nursing, Medicine and Allied health
- JBI produces Systematic reviews and Best Practice Information Sheets
- Some content is freely available, and UniSA users can access further content via the Members area >Members logon (obtain password from access link above).
- UniSA is associated with JBI via the Centre for Allied Health Evidence (CAHE)

TRIP (Turning Research into Practice) (secondary database/website)

- Free resource, all content is evidence based
- Searches 75 sources (see About us – Sources searched by TRIP)

SUMsearch (website)

- evidence based health care search portal
[http:// sumsearch.uthscsa.edu/](http://sumsearch.uthscsa.edu/)

Clinical guidelines

- NLH National Library of Guidelines (UK)
[www.library.nhs.uk/ guidelinesFinder/](http://www.library.nhs.uk/guidelinesFinder/)
- National Guidelines Clearinghouse (USA)
www.guideline.gov/
- eMJA Clinical Guidelines (not all evidence based, but Australian)
[www.mja.com.au/ public/ guides/ guides.html](http://www.mja.com.au/public/guides/guides.html)

Other resources

- UniSA Library online workshops on Evidence Based practice, [Evidence based health care – introduction](#) and [Evidence based health care – searching databases](#)
Available from Library Home Page> Information Skills pillar> Online training> Strategies for Successful Research
- [Topic guide for Evidence based health care](#) (internet sites selected by UniSA librarians)
Library homepage> Resources column> Resources by topic > Evidence based health care
- [Topic Guides – Health Sciences](#)
- Other online training/ videos available from the Library's [Online Training](#) page
Library homepage> Information Skills column> Online training